DATE CREATED: Jun28,2025  
Number of Observations: 422  
Number of Variables: 51

| **FileName** | **Variable\_label** | **Variable\_Name** | **Category** | **N\_\_Percent** | **Mean\_\_SD** | **Median\_Q1\_Q3** | **Range** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| psqi | Blind\_id | Blind\_id |  | 119(100) |  |  |  |
| psqi | Blinded\_SiteID | Blinded\_SiteID |  | 422(100) |  |  |  |
| psqi | 6j1. Please describe the other reasons | PS7JDESC |  | 422(100) |  |  |  |
| psqi | e1. Please describe the other Other restlessness while asleep. | PS10JDESC |  | 422(100) |  |  |  |
| psqi | Visit Name | VISNAME | 12 Month Follow Up | 103(24.4) |  |  |  |
| psqi | Visit Name | VISNAME | 24 Month Follow Up | 94(22.3) |  |  |  |
| psqi | Visit Name | VISNAME | 6 Month Follow Up | 106(25.1) |  |  |  |
| psqi | Visit Name | VISNAME | Baseline | 119(28.2) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekends? | PSWDQUAL | Fairly bad | 56(13.3) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekends? | PSWDQUAL | Fairly good | 233(55.2) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekends? | PSWDQUAL | Very bad | 9(2.1) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekends? | PSWDQUAL | Very good | 124(29.4) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekdays? | PSWEQUAL | Fairly bad | 30(7.1) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekdays? | PSWEQUAL | Fairly good | 204(48.3) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekdays? | PSWEQUAL | Very bad | 4(0.9) |  |  |  |
| psqi | 5. During the past month, how would you rate your sleep quality overall for weekdays? | PSWEQUAL | Very good | 184(43.6) |  |  |  |
| psqi | 6. During the past month, how often have you taken medicine prescribed by your doctor or “over the counter” to help you sleep? | PSMEDS | (Empty string) | 2(0.5) |  |  |  |
| psqi | 6. During the past month, how often have you taken medicine prescribed by your doctor or “over the counter” to help you sleep? | PSMEDS | Less than once a week | 27(6.4) |  |  |  |
| psqi | 6. During the past month, how often have you taken medicine prescribed by your doctor or “over the counter” to help you sleep? | PSMEDS | Never | 240(56.9) |  |  |  |
| psqi | 6. During the past month, how often have you taken medicine prescribed by your doctor or “over the counter” to help you sleep? | PSMEDS | Not during the past month | 77(18.2) |  |  |  |
| psqi | 6. During the past month, how often have you taken medicine prescribed by your doctor or “over the counter” to help you sleep? | PSMEDS | Once or twice a week | 18(4.3) |  |  |  |
| psqi | 6. During the past month, how often have you taken medicine prescribed by your doctor or “over the counter” to help you sleep? | PSMEDS | Three or more times a week | 58(13.7) |  |  |  |
| psqi | 6a. Could not get to sleep within 30 minutes | PSQI7A | (Empty string) | 4(0.9) |  |  |  |
| psqi | 6a. Could not get to sleep within 30 minutes | PSQI7A | Less than once a week | 78(18.5) |  |  |  |
| psqi | 6a. Could not get to sleep within 30 minutes | PSQI7A | Not during the past month | 194(46) |  |  |  |
| psqi | 6a. Could not get to sleep within 30 minutes | PSQI7A | Once or twice a week | 69(16.4) |  |  |  |
| psqi | 6a. Could not get to sleep within 30 minutes | PSQI7A | Three or more times a week | 77(18.2) |  |  |  |
| psqi | 6a. Do these days include weekends | PSQI7AW | (Empty string) | 48(11.4) |  |  |  |
| psqi | 6a. Do these days include weekends | PSQI7AW | No | 54(12.8) |  |  |  |
| psqi | 6a. Do these days include weekends | PSQI7AW | Yes | 320(75.8) |  |  |  |
| psqi | 6b. Woke up in the middle of the night or early morning | PSQI7B | (Empty string) | 7(1.7) |  |  |  |
| psqi | 6b. Woke up in the middle of the night or early morning | PSQI7B | Less than once a week | 110(26.1) |  |  |  |
| psqi | 6b. Woke up in the middle of the night or early morning | PSQI7B | Not during the past month | 154(36.5) |  |  |  |
| psqi | 6b. Woke up in the middle of the night or early morning | PSQI7B | Once or twice a week | 92(21.8) |  |  |  |
| psqi | 6b. Woke up in the middle of the night or early morning | PSQI7B | Three or more times a week | 59(14) |  |  |  |
| psqi | 6b. Do these days include weekends | PSQI7BW | (Empty string) | 44(10.4) |  |  |  |
| psqi | 6b. Do these days include weekends | PSQI7BW | No | 53(12.6) |  |  |  |
| psqi | 6b. Do these days include weekends | PSQI7BW | Yes | 325(77) |  |  |  |
| psqi | 6c. Had to get up to use the bathroom | PSQI7C | (Empty string) | 5(1.2) |  |  |  |
| psqi | 6c. Had to get up to use the bathroom | PSQI7C | Less than once a week | 102(24.2) |  |  |  |
| psqi | 6c. Had to get up to use the bathroom | PSQI7C | Not during the past month | 198(46.9) |  |  |  |
| psqi | 6c. Had to get up to use the bathroom | PSQI7C | Once or twice a week | 66(15.6) |  |  |  |
| psqi | 6c. Had to get up to use the bathroom | PSQI7C | Three or more times a week | 51(12.1) |  |  |  |
| psqi | 6c. Do these days include weekends | PSQI7CW | (Empty string) | 45(10.7) |  |  |  |
| psqi | 6c. Do these days include weekends | PSQI7CW | No | 43(10.2) |  |  |  |
| psqi | 6c. Do these days include weekends | PSQI7CW | Yes | 334(79.1) |  |  |  |
| psqi | 6d. Could not breathe comfortably | PSQI7D | (Empty string) | 5(1.2) |  |  |  |
| psqi | 6d. Could not breathe comfortably | PSQI7D | Less than once a week | 28(6.6) |  |  |  |
| psqi | 6d. Could not breathe comfortably | PSQI7D | Not during the past month | 360(85.3) |  |  |  |
| psqi | 6d. Could not breathe comfortably | PSQI7D | Once or twice a week | 19(4.5) |  |  |  |
| psqi | 6d. Could not breathe comfortably | PSQI7D | Three or more times a week | 10(2.4) |  |  |  |
| psqi | 6d. Do these days include weekends | PSQI7DW | (Empty string) | 61(14.5) |  |  |  |
| psqi | 6d. Do these days include weekends | PSQI7DW | No | 63(14.9) |  |  |  |
| psqi | 6d. Do these days include weekends | PSQI7DW | Yes | 298(70.6) |  |  |  |
| psqi | 6e. Coughed or snored loudly | PSQI7E | (Empty string) | 5(1.2) |  |  |  |
| psqi | 6e. Coughed or snored loudly | PSQI7E | Less than once a week | 54(12.8) |  |  |  |
| psqi | 6e. Coughed or snored loudly | PSQI7E | Not during the past month | 288(68.2) |  |  |  |
| psqi | 6e. Coughed or snored loudly | PSQI7E | Once or twice a week | 37(8.8) |  |  |  |
| psqi | 6e. Coughed or snored loudly | PSQI7E | Three or more times a week | 38(9) |  |  |  |
| psqi | 6e. Do these days include weekends | PSQI7EW | (Empty string) | 58(13.7) |  |  |  |
| psqi | 6e. Do these days include weekends | PSQI7EW | No | 44(10.4) |  |  |  |
| psqi | 6e. Do these days include weekends | PSQI7EW | Yes | 320(75.8) |  |  |  |
| psqi | 6f. Felt too cold | PSQI7F | (Empty string) | 7(1.7) |  |  |  |
| psqi | 6f. Felt too cold | PSQI7F | Less than once a week | 74(17.5) |  |  |  |
| psqi | 6f. Felt too cold | PSQI7F | Not during the past month | 270(64) |  |  |  |
| psqi | 6f. Felt too cold | PSQI7F | Once or twice a week | 47(11.1) |  |  |  |
| psqi | 6f. Felt too cold | PSQI7F | Three or more times a week | 24(5.7) |  |  |  |
| psqi | 6f. Do these days include weekends | PSQI7FW | (Empty string) | 58(13.7) |  |  |  |
| psqi | 6f. Do these days include weekends | PSQI7FW | No | 45(10.7) |  |  |  |
| psqi | 6f. Do these days include weekends | PSQI7FW | Yes | 319(75.6) |  |  |  |
| psqi | 6g. Felt too hot | PSQI7G | (Empty string) | 7(1.7) |  |  |  |
| psqi | 6g. Felt too hot | PSQI7G | Less than once a week | 82(19.4) |  |  |  |
| psqi | 6g. Felt too hot | PSQI7G | Not during the past month | 234(55.5) |  |  |  |
| psqi | 6g. Felt too hot | PSQI7G | Once or twice a week | 59(14) |  |  |  |
| psqi | 6g. Felt too hot | PSQI7G | Three or more times a week | 40(9.5) |  |  |  |
| psqi | 6g. Do these days include weekends | PSQI7GW | (Empty string) | 58(13.7) |  |  |  |
| psqi | 6g. Do these days include weekends | PSQI7GW | No | 36(8.5) |  |  |  |
| psqi | 6g. Do these days include weekends | PSQI7GW | Yes | 328(77.7) |  |  |  |
| psqi | 6h. Had bad dreams | PSQI7H | (Empty string) | 7(1.7) |  |  |  |
| psqi | 6h. Had bad dreams | PSQI7H | Less than once a week | 75(17.8) |  |  |  |
| psqi | 6h. Had bad dreams | PSQI7H | Not during the past month | 276(65.4) |  |  |  |
| psqi | 6h. Had bad dreams | PSQI7H | Once or twice a week | 41(9.7) |  |  |  |
| psqi | 6h. Had bad dreams | PSQI7H | Three or more times a week | 23(5.5) |  |  |  |
| psqi | 6h. Do these days include weekends | PSQI7HW | (Empty string) | 56(13.3) |  |  |  |
| psqi | 6h. Do these days include weekends | PSQI7HW | No | 55(13) |  |  |  |
| psqi | 6h. Do these days include weekends | PSQI7HW | Yes | 311(73.7) |  |  |  |
| psqi | 6i. Had pain | PSQI7I | (Empty string) | 7(1.7) |  |  |  |
| psqi | 6i. Had pain | PSQI7I | Less than once a week | 38(9) |  |  |  |
| psqi | 6i. Had pain | PSQI7I | Not during the past month | 354(83.9) |  |  |  |
| psqi | 6i. Had pain | PSQI7I | Once or twice a week | 13(3.1) |  |  |  |
| psqi | 6i. Had pain | PSQI7I | Three or more times a week | 10(2.4) |  |  |  |
| psqi | 6i. Do these days include weekends | PSQI7IW | (Empty string) | 62(14.7) |  |  |  |
| psqi | 6i. Do these days include weekends | PSQI7IW | No | 54(12.8) |  |  |  |
| psqi | 6i. Do these days include weekends | PSQI7IW | Yes | 306(72.5) |  |  |  |
| psqi | 6j. Other reason(s) | PSQI7J | (Empty string) | 70(16.6) |  |  |  |
| psqi | 6j. Other reason(s) | PSQI7J | Less than once a week | 2(0.5) |  |  |  |
| psqi | 6j. Other reason(s) | PSQI7J | Not during the past month | 340(80.6) |  |  |  |
| psqi | 6j. Other reason(s) | PSQI7J | Once or twice a week | 2(0.5) |  |  |  |
| psqi | 6j. Other reason(s) | PSQI7J | Three or more times a week | 8(1.9) |  |  |  |
| psqi | 6j. Do these days include weekends | PSQI7JW | (Empty string) | 125(29.6) |  |  |  |
| psqi | 6j. Do these days include weekends | PSQI7JW | No | 48(11.4) |  |  |  |
| psqi | 6j. Do these days include weekends | PSQI7JW | Yes | 249(59) |  |  |  |
| psqi | 8. During the past month, how often have you had trouble staying awake while in school, while eating meals, or while engaging in social activity? | PSQI8Q | (Empty string) | 3(0.7) |  |  |  |
| psqi | 8. During the past month, how often have you had trouble staying awake while in school, while eating meals, or while engaging in social activity? | PSQI8Q | Less than once a week | 73(17.3) |  |  |  |
| psqi | 8. During the past month, how often have you had trouble staying awake while in school, while eating meals, or while engaging in social activity? | PSQI8Q | Not during the past month | 282(66.8) |  |  |  |
| psqi | 8. During the past month, how often have you had trouble staying awake while in school, while eating meals, or while engaging in social activity? | PSQI8Q | Once or twice a week | 45(10.7) |  |  |  |
| psqi | 8. During the past month, how often have you had trouble staying awake while in school, while eating meals, or while engaging in social activity? | PSQI8Q | Three or more times a week | 19(4.5) |  |  |  |
| psqi | Weekday | PSQI9WDQ | (Empty string) | 3(0.7) |  |  |  |
| psqi | Weekday | PSQI9WDQ | A noticeable problem | 35(8.3) |  |  |  |
| psqi | Weekday | PSQI9WDQ | A very big problem | 7(1.7) |  |  |  |
| psqi | Weekday | PSQI9WDQ | No problem at all | 241(57.1) |  |  |  |
| psqi | Weekday | PSQI9WDQ | Slight problem | 136(32.2) |  |  |  |
| psqi | Weekend | PSQI9WEQ | (Empty string) | 7(1.7) |  |  |  |
| psqi | Weekend | PSQI9WEQ | A noticeable problem | 25(5.9) |  |  |  |
| psqi | Weekend | PSQI9WEQ | A very big problem | 9(2.1) |  |  |  |
| psqi | Weekend | PSQI9WEQ | No problem at all | 297(70.4) |  |  |  |
| psqi | Weekend | PSQI9WEQ | Slight problem | 84(19.9) |  |  |  |
| psqi | a. Loud snoring | PSQI10A | (Empty string) | 6(1.4) |  |  |  |
| psqi | a. Loud snoring | PSQI10A | Less than once a week | 54(12.8) |  |  |  |
| psqi | a. Loud snoring | PSQI10A | Not during the past month | 273(64.7) |  |  |  |
| psqi | a. Loud snoring | PSQI10A | Once or twice a week | 41(9.7) |  |  |  |
| psqi | a. Loud snoring | PSQI10A | Three or more times a week | 48(11.4) |  |  |  |
| psqi | Do these days include weekends | PSQI10AW | (Empty string) | 86(20.4) |  |  |  |
| psqi | Do these days include weekends | PSQI10AW | No | 30(7.1) |  |  |  |
| psqi | Do these days include weekends | PSQI10AW | Yes | 306(72.5) |  |  |  |
| psqi | b. Long pauses between breaths while asleep | PSQI10B | (Empty string) | 8(1.9) |  |  |  |
| psqi | b. Long pauses between breaths while asleep | PSQI10B | Less than once a week | 18(4.3) |  |  |  |
| psqi | b. Long pauses between breaths while asleep | PSQI10B | Not during the past month | 373(88.4) |  |  |  |
| psqi | b. Long pauses between breaths while asleep | PSQI10B | Once or twice a week | 11(2.6) |  |  |  |
| psqi | b. Long pauses between breaths while asleep | PSQI10B | Three or more times a week | 12(2.8) |  |  |  |
| psqi | Do these days include weekends | PSQI10BW | (Empty string) | 95(22.5) |  |  |  |
| psqi | Do these days include weekends | PSQI10BW | No | 48(11.4) |  |  |  |
| psqi | Do these days include weekends | PSQI10BW | Yes | 279(66.1) |  |  |  |
| psqi | c. Legs twitching or jerking while you sleep | PSQI10C | (Empty string) | 10(2.4) |  |  |  |
| psqi | c. Legs twitching or jerking while you sleep | PSQI10C | Less than once a week | 25(5.9) |  |  |  |
| psqi | c. Legs twitching or jerking while you sleep | PSQI10C | Not during the past month | 342(81) |  |  |  |
| psqi | c. Legs twitching or jerking while you sleep | PSQI10C | Once or twice a week | 25(5.9) |  |  |  |
| psqi | c. Legs twitching or jerking while you sleep | PSQI10C | Three or more times a week | 20(4.7) |  |  |  |
| psqi | Do these days include weekends | PSQI10CW | (Empty string) | 94(22.3) |  |  |  |
| psqi | Do these days include weekends | PSQI10CW | No | 46(10.9) |  |  |  |
| psqi | Do these days include weekends | PSQI10CW | Yes | 282(66.8) |  |  |  |
| psqi | d. Episodes of disorientation or confusion while asleep | PSQI10D | (Empty string) | 9(2.1) |  |  |  |
| psqi | d. Episodes of disorientation or confusion while asleep | PSQI10D | Less than once a week | 21(5) |  |  |  |
| psqi | d. Episodes of disorientation or confusion while asleep | PSQI10D | Not during the past month | 384(91) |  |  |  |
| psqi | d. Episodes of disorientation or confusion while asleep | PSQI10D | Once or twice a week | 6(1.4) |  |  |  |
| psqi | d. Episodes of disorientation or confusion while asleep | PSQI10D | Three or more times a week | 2(0.5) |  |  |  |
| psqi | Do these days include weekends | PSQI10DW | (Empty string) | 98(23.2) |  |  |  |
| psqi | Do these days include weekends | PSQI10DW | No | 48(11.4) |  |  |  |
| psqi | Do these days include weekends | PSQI10DW | Yes | 276(65.4) |  |  |  |
| psqi | e. Other restlessness while asleep, please describe | PSQI10E | (Empty string) | 64(15.2) |  |  |  |
| psqi | e. Other restlessness while asleep, please describe | PSQI10E | Less than once a week | 8(1.9) |  |  |  |
| psqi | e. Other restlessness while asleep, please describe | PSQI10E | Not during the past month | 338(80.1) |  |  |  |
| psqi | e. Other restlessness while asleep, please describe | PSQI10E | Once or twice a week | 3(0.7) |  |  |  |
| psqi | e. Other restlessness while asleep, please describe | PSQI10E | Three or more times a week | 9(2.1) |  |  |  |
| psqi | Do these days include weekends | PSQI10EW | (Empty string) | 139(32.9) |  |  |  |
| psqi | Do these days include weekends | PSQI10EW | No | 40(9.5) |  |  |  |
| psqi | Do these days include weekends | PSQI10EW | Yes | 243(57.6) |  |  |  |
| psqi | Age at Date questionnaire completed (by participant) | PSQIAge |  | 422(100) | 14.88(2.6) | 14.48(12.86,16.92) | 10.06,21.66 |
| psqi | Time questionnaire completed (by participant) | PSQITIM |  | 411(97) | 36427.78(5452.8) | 36000(33300,39600) | 4800,64800 |
| psqi | Bed time (weekday) | PSWDBTIM |  | 421(90) | 63987.16(25921.7) | 77400(41400,79200) | 1020,85500 |
| psqi | Bed time (weekend) | PSWEBTIM |  | 420(81) | 51938.89(33699.5) | 77400(9240,81000) | 1800,85800 |
| psqi | Minutes (weekday) | PSWDMINS |  | 419(98) | 23.58(39) | 15(9.5,30) | 1,510 |
| psqi | Minutes (weekend) | PSWEMINS |  | 418(97) | 25.43(41.7) | 15(10,30) | 1,510 |
| psqi | Wake up time (weekday) | PSWDWTIM |  | 422(100) | 27034(7242.5) | 25200(23400,28800) | 17400,82800 |
| psqi | Wake up time (weekend) | PSWEWTIM |  | 421(99) | 34468.78(7641.1) | 32400(28800,37800) | 18000,82800 |
| psqi | Hours of sleep per night (weekday) | PSWDHRS |  | 418(99) | 28383.73(5285) | 28800(25200,32400) | 5400,54000 |
| psqi | Hours of sleep per night (weekend) | PSWEHRS |  | 417(99) | 31354.96(6054.9) | 32400(28800,36000) | 10800,54000 |