

# PHN MINDS: ACHD Data Codebook

DATE CREATED: Sep23,2025

Number of Observations: 468

Number of Variables: 19

| FileName | Variable_label                                                                  | Variable_Name  | Category                             | N__Percent | Mean__SD | Median_Q1_Q3 | Range |
|----------|---------------------------------------------------------------------------------|----------------|--------------------------------------|------------|----------|--------------|-------|
| hads     |                                                                                 | BLIND_ID       |                                      | 468(100)   |          |              |       |
| hads     |                                                                                 | BLINDED_SITEID |                                      | 468(100)   |          |              |       |
| hads     | I feel tense or 'wound up':                                                     | ANX1           | A lot of the time                    | 93(19.9)   |          |              |       |
| hads     | I feel tense or 'wound up':                                                     | ANX1           | From time to time,<br>occasionally   | 237(50.6)  |          |              |       |
| hads     | I feel tense or 'wound up':                                                     | ANX1           | Most of the time                     | 44(9.4)    |          |              |       |
| hads     | I feel tense or 'wound up':                                                     | ANX1           | Not at all                           | 94(20.1)   |          |              |       |
| hads     | I still enjoy the things I used to enjoy:                                       | DEP2           | Definitely as much                   | 303(64.7)  |          |              |       |
| hads     | I still enjoy the things I used to enjoy:                                       | DEP2           | Hardly at all                        | 8(1.7)     |          |              |       |
| hads     | I still enjoy the things I used to enjoy:                                       | DEP2           | Not quite so much                    | 135(28.8)  |          |              |       |
| hads     | I still enjoy the things I used to enjoy:                                       | DEP2           | Only a little                        | 22(4.7)    |          |              |       |
| hads     | I get a sort of frightened feeling as if something<br>awful is about to happen: | ANX3           | A little, but it<br>doesn't worry me | 146(31.2)  |          |              |       |
| hads     | I get a sort of frightened feeling as if something<br>awful is about to happen: | ANX3           | Not at all                           | 151(32.3)  |          |              |       |
| hads     | I get a sort of frightened feeling as if something<br>awful is about to happen: | ANX3           | Very definitely and<br>quite badly   | 49(10.5)   |          |              |       |
| hads     | I get a sort of frightened feeling as if something<br>awful is about to happen: | ANX3           | Yes, but not too<br>badly            | 122(26.1)  |          |              |       |

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|-----------------|-----------------------------------------------|----------------------|--------------------------------------|-------------------|-----------------|---------------------|--------------|
| hads            | I can laugh and see the funny side of things: | DEP4                 | As much as I always could            | 382(81.6)         |                 |                     |              |
| hads            | I can laugh and see the funny side of things: | DEP4                 | Definitely not so much now           | 14(3)             |                 |                     |              |
| hads            | I can laugh and see the funny side of things: | DEP4                 | Not at all                           | 2(0.4)            |                 |                     |              |
| hads            | I can laugh and see the funny side of things: | DEP4                 | Not quite so much now                | 70(15)            |                 |                     |              |
| hads            | Worrying thoughts go through my mind:         | ANX5                 | A great deal of the time             | 77(16.5)          |                 |                     |              |
| hads            | Worrying thoughts go through my mind:         | ANX5                 | A lot of the time                    | 121(25.9)         |                 |                     |              |
| hads            | Worrying thoughts go through my mind:         | ANX5                 | From time to time, but not too often | 185(39.5)         |                 |                     |              |
| hads            | Worrying thoughts go through my mind:         | ANX5                 | Only occasionally                    | 85(18.2)          |                 |                     |              |
| hads            | I feel cheerful:                              | DEP6                 | Most of the time                     | 266(56.8)         |                 |                     |              |
| hads            | I feel cheerful:                              | DEP6                 | Not at all                           | 5(1.1)            |                 |                     |              |
| hads            | I feel cheerful:                              | DEP6                 | Not often                            | 22(4.7)           |                 |                     |              |
| hads            | I feel cheerful:                              | DEP6                 | Sometimes                            | 175(37.4)         |                 |                     |              |
| hads            | I can sit at ease and feel relaxed:           | ANX7                 | Definitely                           | 140(29.9)         |                 |                     |              |
| hads            | I can sit at ease and feel relaxed:           | ANX7                 | Not Often                            | 92(19.7)          |                 |                     |              |
| hads            | I can sit at ease and feel relaxed:           | ANX7                 | Not at all                           | 9(1.9)            |                 |                     |              |
| hads            | I can sit at ease and feel relaxed:           | ANX7                 | Usually                              | 227(48.5)         |                 |                     |              |
| hads            | I feel as if I am slowed down:                | DEP8                 | Nearly all the time                  | 29(6.2)           |                 |                     |              |

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|-----------------|-----------------------------------------------------------------------|----------------------|---------------------------------------|-------------------|-----------------|---------------------|--------------|
| hads            | I feel as if I am slowed down:                                        | DEP8                 | Not at all                            | 172(36.8)         |                 |                     |              |
| hads            | I feel as if I am slowed down:                                        | DEP8                 | Sometimes                             | 220(47)           |                 |                     |              |
| hads            | I feel as if I am slowed down:                                        | DEP8                 | Very often                            | 47(10)            |                 |                     |              |
| hads            | I get a sort of frightened feeling like 'butterflies' in the stomach: | ANX9                 | Not at all                            | 171(36.5)         |                 |                     |              |
| hads            | I get a sort of frightened feeling like 'butterflies' in the stomach: | ANX9                 | Occasionally                          | 239(51.1)         |                 |                     |              |
| hads            | I get a sort of frightened feeling like 'butterflies' in the stomach: | ANX9                 | Quite Often                           | 41(8.8)           |                 |                     |              |
| hads            | I get a sort of frightened feeling like 'butterflies' in the stomach: | ANX9                 | Very Often                            | 17(3.6)           |                 |                     |              |
| hads            | I have lost interest in my appearance:                                | DEP10                | Definitely                            | 23(4.9)           |                 |                     |              |
| hads            | I have lost interest in my appearance:                                | DEP10                | I don't take as much care as I should | 56(12)            |                 |                     |              |
| hads            | I have lost interest in my appearance:                                | DEP10                | I may not take quite as much care     | 108(23.1)         |                 |                     |              |
| hads            | I have lost interest in my appearance:                                | DEP10                | I take just as much care as ever      | 281(60)           |                 |                     |              |
| hads            | I feel restless as I have to be on the move:                          | ANX11                | Not at all                            | 134(28.6)         |                 |                     |              |
| hads            | I feel restless as I have to be on the move:                          | ANX11                | Not very much                         | 160(34.2)         |                 |                     |              |
| hads            | I feel restless as I have to be on the move:                          | ANX11                | Quite a lot                           | 125(26.7)         |                 |                     |              |
| hads            | I feel restless as I have to be on the move:                          | ANX11                | Very much indeed                      | 49(10.5)          |                 |                     |              |
| hads            | I look forward with enjoyment to things:                              | DEP12                | As much as I ever did                 | 332(70.9)         |                 |                     |              |
| hads            | I look forward with enjoyment to things:                              | DEP12                | Definitely less than I used to        | 34(7.3)           |                 |                     |              |

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|-----------------|-------------------------------------------------|----------------------|----------------------------|-------------------|-----------------|---------------------|--------------|
| hads            | I look forward with enjoyment to things:        | DEP12                | Hardly at all              | 9(1.9)            |                 |                     |              |
| hads            | I look forward with enjoyment to things:        | DEP12                | Rather less than I used to | 93(19.9)          |                 |                     |              |
| hads            | I get sudden feelings of panic:                 | ANX13                | Not at all                 | 167(35.7)         |                 |                     |              |
| hads            | I get sudden feelings of panic:                 | ANX13                | Not very often             | 193(41.2)         |                 |                     |              |
| hads            | I get sudden feelings of panic:                 | ANX13                | Quite often                | 65(13.9)          |                 |                     |              |
| hads            | I get sudden feelings of panic:                 | ANX13                | Very often indeed          | 43(9.2)           |                 |                     |              |
| hads            | I can enjoy a good book or radio or TV program: | DEP14                | Not often                  | 13(2.8)           |                 |                     |              |
| hads            | I can enjoy a good book or radio or TV program: | DEP14                | Often                      | 348(74.4)         |                 |                     |              |
| hads            | I can enjoy a good book or radio or TV program: | DEP14                | Sometimes                  | 94(20.1)          |                 |                     |              |
| hads            | I can enjoy a good book or radio or TV program: | DEP14                | Very seldom                | 13(2.8)           |                 |                     |              |
| hads            | A1. time since consent, days Form Completed:    | FM_TIME              |                            | 466(100)          | 0.02(0.1)       | 0(0,0)              | 0,0.7        |
| hads            | Total Score Depression (D)                      | TOT_DEP              |                            | 468(100)          | 3.37(3.3)       | 2(1,5)              | 0,18         |
| hads            | Total Score Anxiety (A)                         | TOT_ANX              |                            | 468(100)          | 7.63(4.6)       | 7(4,11)             | 0,21         |